

Dear Sir or Madame,

On behalf of the children of Liberia, we humbly ask for your help.

Liberia is a small country on the coast of West Africa that has been under the siege of Civil War and government corruption for over 13 year. This has left the children of Liberia to suffer terribly from poor nutrition, hunger, lack of education and lack of health care. Many are displaced orphans and many are wounded, maimed and tortured by the mental illnesses created by years of horrible violence. Some of the children were drugged, tortured and forced to be child soldiers in the war. There is much work to be done to rehabilitate this community ravaged by war. The war has been over for more than 5 years now, but it is easy to fall back into violence as poverty and hunger persist.

We are seeking to re-establish a viable educational system and restore the mental and physical health of the members of the rural communities of Liberia. Our goal is to create sustainable healthy communities that will maintain peace.

We are the West African Children's Lifeline, a non-profit organization consisting of American members as well as Liberian citizens working together for this common goal.

We have joined our efforts with Project Helping Hands, a well established non-profit organization with much experience bringing medical teams in to developing countries to provide medical care. This organization has a successful history of taking medical teams to remote communities in Bolivia and Sudan among other countries.

Together we plan to assess the needs and establish on-going health clinics in remote Liberian communities that are currently isolated from any health services.

The objectives this project will achieve are:

- 1) July 2009: Delegate from West African Children's Lifeline, Winston White, a native Liberian traveled to Liberia to begin to assess needs and make connections to foster safe passage of supplies and prepare for future trips.
- 2) April 2010: West African Children's Lifeline in collaboration with Project Helping Hands will sponsor a medical mission to further assess needs, provide basic medical service and begin to establish clinic space for future health services in local villages. We will begin educational initiatives focusing on HIV/AIDS and basic disease prevention.
- 3) August 2010: West African Children's Lifeline in collaboration with Project Helping Hands will return to do more advanced medical treatments and establish on-going medical mission work. Continuing education for nursing staff and medical workers will be provided at the level of care for which provisions can be made.

- 4) Ongoing long distance support through education and resources will be provided to the best of our abilities throughout the time that we are not present in Liberia to further the work of the communities to establish healthcare for themselves.
- 5) The ultimate goal is to establish 5 rural self sustained clinics and keep them supplied through the mission. These will be established in small rural communities with populations of 300-500 people, mostly women and children.

We will log our progress on our webs at www.westafricanchildrenslifeline.com and on www.project-helping-hands.org with photos. We will monitor long-term outcomes of the initiatives we implement during this project with the hope that it will help us improve our efficiency of developing successful free standing clinics.

There are several ways you can help.

- \$8000 Help support the shipment of a container of supplies to the children of Liberia.
- \$4000 Support a physician or nurse to travel to Liberia
- \$1500 Fund a nurse in Liberia for a year
- \$1200 Build a clean well
- \$500 Purchase medical supplies
- \$250 Purchase much needed medicines
- \$100 Sponsor educational materials
- Create a book bag program in our school to take educational supplies to children

Please help us as we seek to support Liberia to maintain peace and create a healthy community. Help us gather funds and know that you will have made a difference in the lives of these children. You can make a difference.

Sincerely,

